



Summer 2005

A Pet Project Foundation Publication



Pet Project Foundation



To enhance the quality of life of all companion animals in a pro-humane manner through compassion, responsibility, education and service.

Wagging Tails



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Keeping Your Canine Cool.

By Christel Hall

Can you say "HOT"? Okay, we're not talking Palm Springs heat level here, but South County does get pretty warm from July through October, and it pays to use common sense when it comes to protecting your pets from the worst. So we're repeating our top ten tips for keeping Fido cool, but with a few updates and new advice from one of our local vets, Dr. Bob Stone of Talega Animal Hospital.



If Fido spends a good part of the day outdoors, provide **shade** for him. If necessary, plant a shade tree or add an awning. Dr. Stone points out that the pop-up awnings that come with misters available at Costco are relatively inexpensive and work great. They're similar to those used at the wild animal parks.



Stay out of the hottest weather. **Walk or play** with your dog during the **early morning or late afternoon or evening hours**. And pace your dog as you would yourself. Says Dr. Stone, "This has actually become the most common problem...people who pick the heat of the day to walk or run with their dog, or who overexert an overweight animal who's not used to exercising to begin with. Remember, they're wearing a fur coat, which helps keep the cold out, but also keeps the heat in, especially if they're overweight!"



If you leave Fido outdoors for hours, be sure to leave **lots of cool, fresh water**, and even add ice cubes or ice chips occasionally.



Is there a **cool area** for your dog to lie down in hot weather? Outside, is there a grassy area? Inside, is there an area with cool tile or cement, rather than all carpeting or scatter rugs?

< continued on page 2 >



SIGNS OF OVERHEATING

Panting (dogs do not sweat as easily or the same way humans do)

104°F or higher temperature is too high; 100.5 to 102.5 is normal for dogs; 105 – 106 is at risk for heat exhaustion; 107 is high danger zone.

Appears sluggish, lethargic, disoriented.

Gums, tongue and eyes are reddened

Vomiting

< continued from page 1 > **Keeping Your Canine Cool.**



When you take a walk or hike, be sure to **bring water** for Fido. Fill his water bottle $\frac{3}{4}$ of the way full, freeze it, and then fill the remaining $\frac{1}{4}$ with water when you leave. Let it melt slowly while you're walking and it will stay cold! Rest every few minutes, in shade, if your dog starts panting.



Look for walking and hiking paths that are **not on asphalt or cement**; try grassy or dirt areas instead. Asphalt and cement are very hot and can burn paw pads. "And commercially available wet-scarves and wet-vests available for dogs don't really help that much on hikes," says Dr. Stone. "They might be better than nothing, but the best thing is to pace the walk based on physical condition of the pet, weather conditions, and the amount of exercise they're used to."



Invest in a small plastic kid's **wading pool**. If you must leave Fido out for several hours, fill it before you leave. Many dogs, especially labs and other water-loving dogs, will enjoy the cool-off it provides. "But only if the water's kept cool," says Stone. "Otherwise, if it's left to warm in the sun, it's like a spa." (Keep water level low for small dogs.)



Make young, high-energy dogs that love to play catch and can hardly bear to take their eyes off their ball, drink water and rest in between play sessions. You sometimes have to help **set a slower pace** in hot weather.



If you enjoy taking Fido with you in the car, **don't leave him there** without you. The inside of a car can reach 160°F in a matter of minutes, even with the windows open. Leave Fido at home or bring someone with you who can walk Fido outside the car while you're shopping or running an errand.



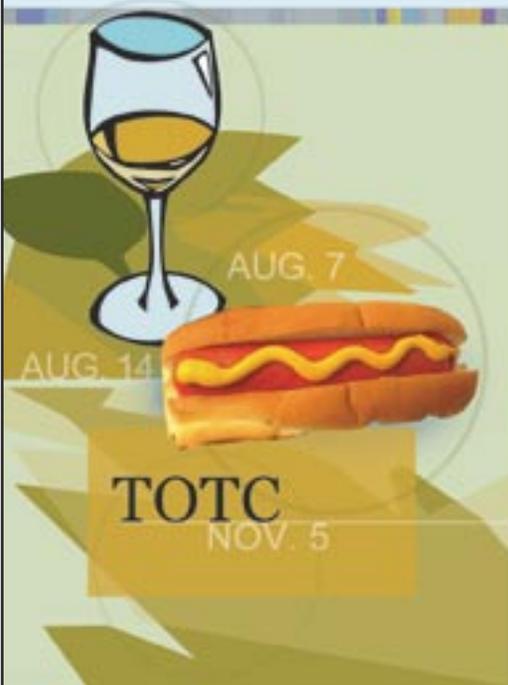
If your dog exhibits symptoms of overheating, get him to a vet.

Upcoming Events

Aug. 7, is Pet Project Foundation's annual Flight of Fancy. It will be held at Cafe 207 in San Clemente. This dinner and wine tasting event features fine food and luxury wines. For reservations or further information call: (949) 595-8899 or go to www.petprojectfoundation.org

Aug. 14, is San Clemente's "Fiesta" on Del Mar St. Pet Project Foundation will have a hot dog booth there. Please stop by, say hello and buy a hot dog to support your pro-humane animal shelter.

"Tail of Two Cities," Pet Project Foundation's Annual major fundraiser will be held on Nov. 5, 5:30 p.m. at the El Niguel Country Club in Laguna Niguel. There will be a live and silent auction, music, sit-down dinner and much more. For further information or reservations, call (949) 595-8899 or go to www.petprojectfoundation.org



A Fond Farewell To Roberta – 22 Years Of Giving

By Cynthia Cooper

The lost and abandoned animals of San Clemente and Dana Point said farewell to a true friend and supporter this past quarter. Roberta Gorny, our long-time shelter manager, recently retired after more than 22 years of dedicated service to the shelter.

Roberta started as one of the first “outside” volunteers the week the shelter – primitive as it was – opened on Avenida Pico in January, 1983. She was one of the founding members of Friends of San Clemente Animals (FOSCA), serving on the board as volunteer recruitment and training coordinator and shelter operations. In 1987, she became the full-time shelter manager, remaining in that position for 18 years.



From the beginning, Roberta’s heart was with the animals. She cared for each and every one of them as her own, never leaving at the end of the day until she was sure each animal was safe, warm and secure; a true dedication to the shelter animals.

She provided excellent adoption counseling over the years to thousands of new pet owners. Her deep compassion

and empathy extended to humans as well as animals. Quietly, on her own, she would often bring food to those who had none for themselves, let alone their animals. She often stepped in to provide extra help to volunteers, whether it was delivering meals to those who were sick, driving them to medical appointments, or providing moral support and words of encouragement.

Roberta maintained her sense of humor and compassion, even in the most stressful situations. Whether it was during those early years at the shelter on Pico where we struggled with limited resources or the months at the make-shift shelter at the warehouse, Roberta could be counted on for a smile and comforting word.

For all your years of devoted service with a good and loving heart, staff, volunteers and the animals say Thank You, Roberta. Remember us and we will you in your retirement.

Note by Stacy Christie

This is a note in appreciation of Roberta and her many years of devotion to the animal shelter. I first met Roberta many years ago during a screening process required to adopt a Lab Shepherd mix named Felix. I was impressed with her concern for Felix and commitment to making as sure as possible that he was going to a good home. After years of joy with Felix, I returned to the shelter and there was Roberta, same concern, equally committed to make sure Astro went to a good home. I can’t tell you how much joy these two dogs have brought to my life. I would like to express my appreciation to Roberta for her expertise identifying a “good match” on both occasions. It was reassuring to know that someone was looking out diligently for the well-being of the wonderful dogs that crossed her path. I’m sorry to hear she is moving on and wish her much happiness in the future. Thank you, Roberta, for your concern and dedication all these years.

Dear ARF
Pet Project.

We are from John S. Malcom Elementary School, and we have earned \$14.25. We had a Lemonade Stand. It may not be much, but we worked hard for it and we hope you appreciate our actions.

Sincerely,
Lauren Black,
Leanne Black,
Charline Baum,
and Jenna Baum

P.S. We will try and do more lemonade stands to raise more money!



Dear PPF,

We found our cat, Angel, at the animal shelter in San Clemente on 2/22/04.

In December she required surgery. I called PPF and you generously helped with your Shelter Angel Adoption Program. You led me in the direction of other pet services that might help too. With lots of patience and prayer, I found more donations!

She is back at home, gaining back her strength, and we are so happy!

Thank you for your loving hearts and unconditional love for animals!

With Love,
Judyth L.

Meg, The Cat With Ten Lives

By Suzanne McCowan



The phone call came easily that spring afternoon. The foster coordinator for the Dana Point/San Clemente Pet Project Foundation was searching for a home that could handle a special kitty. No problem, I thought. As a foster volunteer for several animal rescue groups, I care for litters of orphan kittens, take in grown-up cats, nurture some old mommas tired of breeding, and chase around some very, very naughty collies. Our home, already jam-packed with five humans, is constantly bursting with mammals of all sizes and species as well as reptiles, fish, birds and even insects!! One additional cat would hardly be noticed.

So of course I answered, "A special kitty? Sure. How can I help?"

"We have a cat named Meg. She needs a foster family to be a Hospice Home."

Whoa!! Wait a minute. Hospice Home?

In-home foster programs play an essential role in any animal rescue group's success. Our job as the animal's foster family is to assess the animal's behavioral and emotional requirements and help the placement coordinator find the right home for the animal to begin its new life. But Hospice? Hospice? Hospice means that there would be no new family for the animal. No new home. No new life.

"Meg was abandoned at the door of the shelter," the coordinator continued. "She's an older cat, overweight, and has been diagnosed with Feline Chronic

Renal Failure." It turns out that CRF is a progressive, irreversible deterioration of kidney function. Basically, it is a terminal condition. Due to her extreme medical needs and anticipated short lifespan, Meg simply needed a place to live out the rest of her days. Meg needed a loving environment....a Hospice Home.

Hospice is derived from the Latin word hospitium, "hospitality," an inn for travelers, especially one kept by a religious order. The hospice movement was started by Dr. Cicely Saunders in England in the 1940s, when St. Christopher's Hospice was opened to provide a quiet place where people could die in peace and dignity. It was staffed by nuns who had a sense of commitment to service.

I picked up Meg at the shelter that very afternoon. She was to occupy the back bedroom for a while, until...well, until. I am now embarrassed to say that we were all expecting to feel sorry for this poor, special kitty. Instead we all giggled amusingly at what we saw when Meg finally snuck out of the cat crate to explore her new world.

Meg was the roundest tabby cat any one of us had ever seen. Her circumference was definitely much larger than her diameter. She had unquestionably produced several litters of kittens, judging by the way her belly brushed across the floor when she stood. Her hind legs were crooked, causing her to hop like a rabbit instead of prowl like a tiger cat. And where was her tail? It seemed to have simply disappeared roughly halfway down.

"That cat undeniably has lived each and every one of her nine lives," my husband joked.

Oh, but her eyes...Meg had the biggest, greenest eyes on any cat ever seen. The moment Meg looked up at us with those eyes, we all fell in love.

The collies were all anxious to meet Meg. Their bodies wagging eagerly in anticipation, respect came quickly when Meg told them in no uncertain terms

to bug off! She ventured out to eat her crunchy food but much preferred to stay under the bed. Luckily, she was still interested in using the cat box even though she could neither get into it easily nor bend her hind legs to do her thing. To accommodate her, I simply bought her the biggest litter box I could find. It worked.

When medical treatments have been exhausted or the burden of treatment outweighs the benefits, it may be time to consider hospice care. Most people would like to end their lives surrounded by family and friends... Patients and families are able to retain a greater sense of control.

Weeks later, Meg decided to come out from under the bed. After a few tentative steps, she had to sit down. I experimented with Karen Pryor's "Clicker Training for Cats" techniques on Meg. With a bit of "physical cat-therapy," Meg walked from one side of the bed to the other, then from one end of the room to the other. She persisted. Her eyes shined with joy whenever someone entered her room. She got stronger and stronger. Tired of being isolated, one day Meg found her own way downstairs! When the family was on the porch in the sunshine, Meg was right there with us. Wherever the collies were dozing, there would be Meg, cat-napping right along with them.

"I thought that cat came here to die," my husband would tease. "She's now without doubt the cat with ten lives!" Meg decided to surround herself with her new life. In so doing, she captivated her new family and found a home.

The hospice experience can foster spiritual and personal growth as the hospice team empowers patients and families to manage difficult situations. And difficult situations will arise.

And then one day, Meg sneezed. She quit going out into the sun. Meg could no longer walk across the room. The collies dozed alone. It was well over a year since she arrived. I held her as she departed.

Some patients and families are frightened by the word hospice, believing that all treatment will be discontinued and the patient is being sent home to die. The hospice philosophy embraces a holistic approach that encompasses physical, emotional and spiritual concerns.

I was initially nervous about being a Hospice Home. But Meg did not choose our home simply to die. She chose to get strong. She chose to join us in the sun and to snooze with the collies. She chose to teach us - cooperation, compromise, as well as compassion and finally, concession. And when it was time, she chose to leave us.

Meg is our cat with ten lives. Hopefully, Meg can spend number eleven dozing in the sun.

Writer's Note: I give special thanks to the following groups. Without their support, I could not have provided effective hospice care for Meg.

San Clemente–Dana Point
Animal Shelter
www.petprojectfoundation.org

Karen Pryor Clicker Training
www.clickertraining.com

Feline CRF Information Center
www.felinecrf.com/index.htm

Cancer Supportive Care Programs
www.cancersupportivecare.com/hospice.html

Pet Project Foundation is always seeking good homes to not only provide hospice care but also foster special needs animals. Please contact us at one of the following:
info@petprojectfoundation.org, call (949) 595-8899, write to PPF, P.O. Box 5678, San Clemente, CA 92674-5678. Please join the family of volunteers caring for these special needs animals.



L'Hirondelle Hosts Ninth Annual Patio Party, Raises \$4,000 for PPF

Four-legged and two-legged guests were hosted recently by Ali and Lisa Golesorkhi at L'Hirondelle in San Juan Capistrano for the ninth annual Chardonnay patio party for the Pet Project Foundation.

Chablis the poodle welcomed the 25 canine guests at an event that raised more than \$4,000 to benefit the medical costs for animals in our community. Canine guests dined on gourmet dog biscuits and cake baked by Karen Kulick.

The Chardonnay gala is an annual fundraising event begun by original L'Hirondelle owner Raymonde Gasper and continued by the Golesorkhis. PPF awarded the couple and L'Hirondelle with a plaque that is on display in the restaurant entrance.

Pamela Schuler coordinated and planned the event for the ninth year. Chardonnay chairman was Nancy Gonzalez; wine auctioneers were Bob and Paula Becker; and Pet Project servers were Evy Rose, Eliot Sukowski, Carol Kuhn and Margie Mitchell.

Event donors include Lara Anderson, Bob and Paula Becker, the Dakotas, the Golesorkhis, Nancy Gonzalez, Margaret Hannan, Jon's Fish Market, Karen Kulick, Bob and Jann Lane, Longs Drugs, Linda Kiel, and Virginia Kenworthy. Other donors are Newport Landing, Ocean Institute, Ortega Trading Post, Stan and Glenda Rosen, Sarduccis Restaurant, Capistrano Depot, Jim and Pamela Schuler, Chuck and Francine Simpson, Trader Joe's, Upstairs Store, Sue Walshe and Zia Jewelry.



PPF Annual Meeting

PPF will hold its annual meeting and election of the board of directors on the evening of July 19th. A notice will be sent to all members in early July with more information. Also, please visit our website for more information as this date nears.

Shelter Info:

Shelter hours:
Monday – Saturday
10 a.m. – 4 p.m.

Sunday only:
Noon – 3 p.m.

Shelter address:
221 Avenida Fabricante
San Clemente, CA 92672

Shelter telephone:
(949) 492-1617

PPF telephone:
(949) 595-8899
General questions such as:
Membership, Donations,
Fundraisers, Spay/Neuter
Program

PPF website:
www.petprojectfoundation.org

Shelter's Adopt-A-Pet
TV show:
Friday at 6:30 p.m. and
Saturday at 6:00 p.m. on
Cox Channel 31



PPF Newsletter Staff:

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Keith Takahashi

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Dennis Wunsch

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upgrade for this newsletter.

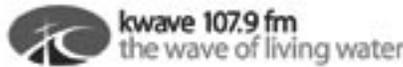
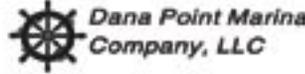
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helped make the Wag-A-Thon a successful fundraiser.**

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In Memory Of Pia and Sam

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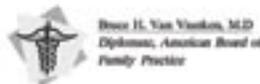


"Buy my Bikes!"



Estrella Veterinary Hospital

THE FOUNTAINS AT SEA BLUFFS



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- Tiggertags
- Toshiba Business Solutions
- Trader Joe's
- Ty-Dee Products
- VIP Pet Food Delivery
- Xtreme Pet Products, LLC



In Memory of:

Don Wooldridge, my beloved husband;
 from Bettye Wooldridge
 Dottie & Tom Hopper
 Frederick & Debbie Fry
 Dr. Joseph E. Abe
 Vaqueros RV Club
 Mrs. Flo Goto

Al Ackerman;
 Franci Sassin
 Greg McNamar, Firestone Industrial

Barbara Peterson, a wonderful volunteer
 and person; from Dottie Hopper

Nanci Burt; from Barbara Howe

Helen Russell Berg; from Kay McDernand

Ruth Evanchcek; from Donald &
 Marianne Cook

Naomi Dyson & Tommy Hopper; from
 Dottie & Tom Hopper

Marian Medina, a former volunteer
 dedicated to animal welfare; from
 Rosemary Newman

Alan C. Cook; from Donald & Marianne Cook

Elizabeth Kester; from W.M. Kester

Richard Pick; from Kay Banning

Shirley Bryant Trezevant; from Dottie
 & Tom Hopper

Elsie Schreiner; from Alice Schreiner

Marie Westcott; from Trudi Emerson

Judy Lanier; a very special person;
 from Dottie & Tom Hopper

Barbara Peterson; from
 Tuesday afternoon dog walkers

Tiaand Canyon; from Stan Gardner
 and June Shozi

In Memory of Beloved Pets:

Lover Boy, Our very special cat who left to go
 over the Rainbow Bridge way too soon. "We
 did all we could for you"; from Sue and Kevin
 Walshe

Dizz, forever loved; from Sandra Ackerman

Susie, "Our happy doggie (17 yrs) adopted
 from ARF-FOSCA; Love & miss you" from
 Wynn & Annabelle Weaver

Roscoe, adopted from the Shelter on Pico;
 from Tom and Linda Wicks

Gimps, beloved companion of the Petersen
 family for twelve years; from Janelle
 & Nell Wilson

Ferguson, beloved pet of Barbara &
 Darwin Adler; from Elizabeth Gilson

Barkley, beloved pet of Mr. & Mrs. C.J. Ward;
 from Mom & Paul

Titus, the best Boxer lost to lymphoma
 12-04; from Cheryl Woolard

Who Ha, beloved cat of Patsy Simon
 & Annetta; from Marianne & Donald Cook

Tasha, from Robert & Karen Knauth

Tyrone, from Jayne Kinsey

Kizzy & Charles, from Marilyn Shultz

Teddy & JR, from Cybel Maio

Charlotte, beloved pet of Lila Deeds; from Clare
 & Larry Fletcher

Two much loved pets of Mr. and Mrs. King;
 from Dennis Drake

Duffy; from Geneva Mengel

Maxwell, beloved pet of Cora Haley; from Kathy
 & Harold Griswold

Duke, beloved pet of Carol Lash; from
 Lynna Youngerman

All Needy Pets, from Gina Bluhm

Li'l Abner, beloved pet of Ben and Mary
 Shattuck; from Wayne & Lori Payne

Button & Perky, from Doris Crafts

Lover Boy Walshe, from Glenda & Stan Rosen

Dizz, beloved dog of Sandra Ackerman; from
 Franci Sassin

Katie, beloved dog of Will and Kathi Decker;
 from Diane Rickwalt & Chuck Hall

Meagan, from Helen Murphy

Henry, beloved pet of Suzanne
 & Otis Delaney; from Dave & Franca Podrug

Best Friend Ripley, beloved dog of Wally,
 Joyce & Keith Kvilvang; from Donald &
 Marianne Cook

Rosie a shelter pup, beloved dog of
 Molly Walsh; from Pat Bouman

Who Ha; from Danica Stender

In Honor of:

Jane Naka; from Keith Takahashi

Rafferty & Hooligan; from Pat & Eric Lamont

Kacey & BJ --"You do great work!! Thank you.
 We are proud to be members of Pet Project
 Foundation," from Tom and Linda Wicks

Happy 18th Birthday to Brittani Oatis;
 from Meredith Christman

With Heartfelt Appreciation to:

Pat Dudley, a founding member of FOSCA
 and volunteer extraordinaire.

Pat's "gift of love" was giving 22 years as a
 devoted and dedicated volunteer to FOSCA
 and PPF, the animals and the shelter.

With sincere gratitude and admiration from your
 many shelter friends, volunteers, staff and from
 the countless animals, in whose lives you
 made a difference.

Pet Project Foundation

Lost and abandoned animals have a second chance at a good life— thanks to the Pet Project Foundation (PPF) and the San Clemente-Dana Point Animal Shelter. The mission of the Pet Project Foundation is "to enhance the quality of life of all companion animals in a pro-humane manner through compassion, responsibility, education and service". Nowhere is this mission better exemplified than through our ongoing support of the shelter. This special shelter provides food, housing, exercise, medical care, and love for homeless animals until they are reunited with their owners or permanent, loving homes are found. Call PPF at 949-595-8899 or visit our web site at: www.petprojectfoundation.org

- I would like to vote on board elections, special meetings, and bylaw changes.
- Please send me information on making a bequest, trust gift, or other ultimate gift to express my support for the animals in the care of PPF.

Membership Dues Form

Name _____
Street Address _____ Apt. # _____
City _____ State _____ Zip _____
Phone _____ Fax _____

Annual Dues

- Individual (\$25.00) Senior (\$15.00)
 Family (\$35.00) Business (\$50.00)
 Cash Check (Please make check payable to PPF)
 Visa MasterCard _____ Exp _____

Non-Profit Tax I.D. No. 33-0030634

- Enclosed is a gift of love donation in the amount of \$ _____
 In the name of In memory of _____ person pet

Please send a greeting card to

Name _____
Street Address _____ Apt. # _____
City _____ State _____ Zip _____

Please mail to P.O. Box 5678, San Clemente, CA 92674-5678



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